

Endodontic Treatment Post Operative Instructions

**To Promote Healing, Prevent Complications and Heal with More Comfort,
please follow these Post-Operative Instructions.**

After a Root Canal Procedure:

Most of the time root canals are done to alleviate discomfort – sometime severe discomfort. And yet Immediately After Endodontic (Root Canal) treatment the area is still sore. Why?

Soreness is related to the fact that the area is infected and in the process of healing. As it heals it is normal to have a dull throbbing feeling for at least two to three days – and occasionally. Rarely, you have some feeling for a month or two. It depends on the extent of the infection that is in the bone and the length of time that infection has been there before it became symptomatic. It takes time for bone to heal.

Antibiotic Therapy is often recommended to control and reduce any infection in the bone. It is really important that you take all of the prescribed antibiotic – leave nothing in the bottle please. Why?

Early antibiotic treatment kills the most fragile bacteria – and the discomfort disappears. Taking the full amount of tablets kills the more resistant bacteria – and prevents a recurrent infection that is much more difficult to control. If you have read about resistant bacterial strains this reasoning will probably make sense to you.

Facial Swelling is a negative sign – an unexpected complication after a root canal procedure. Call us immediately – have the doctor on call paged.

Teeth that need endodontic (root canal) treatment are more brittle than normal teeth because they have had no healthy blood supply for some period of time. To protect the tooth from fracturing in the future it is important to have it completed restored – usually with a preventive crown – within a year.