

Immediate Dentures Post Insertion Instructions

Understanding of the Biology of Healing after you get an Immediate Denture:

After you have had your teeth removed and a new immediate denture inserted you will have to get used to your new teeth – chewing will be different, the fit will be different, and adjusting to this new ‘set of teeth’ will require patience.

When this denture is inserted after your teeth are removed, please be aware that it will feel loose. This is deliberate. Why?

After extractions your gums will swell (increase in size) as they heal ... and having extra space for swelling makes you more comfortable. When the swelling decreases the dentures will then feel loose. This is normal. We'll tighten it.

Yet, during that first period we will simply adjust sore spots to accommodate any changes – and the denture will be loose. We will give you samples of different adhesives to help.

What to Expect?

Once your gums have healed the swelling will be reduced and we can then reline (add to the inside of the denture) and create a better fit.

When?

The longer you wait for the reline the longer it will last.

Your gums continuously shrink over time – with most shrinking taking place in the first three months. If you reline in the first month you will feel comfortable – and then it will usually feel loose again a few weeks later. If you reline the denture after three months it will often feel tight for two, three or even five years or more.

After the Reline?

Relining with our particular ‘in office’ processing technique makes certain the denture fits right up against the tissue – and with proper adjustments we can make it fit without sore spots

At that point we feel that a good fitting denture will either require some very minimal powder adhesive or, often, none at all. We will advise you according to the actual fit after the denture has been relined.

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